



## OTL MENUS FOR ONE 2021

All lunches will be served in individual environmentally friendly sustainable packaging and containers. Lunch boxes are available as vegetarian, meat or fish (or a meat & fish combination). Please state how many of each you require. Sandwich fillings and nibbles will be clearly labelled on the front of each box. All other dietary requirements can be catered for and if you have any special requests please ask. Minimum order value of £60 + vat - orders under this amount or more than a 15 mile journey will be subject to our £10 delivery charge.

We can still offer drinks (cartons of juice, water, cans of fizz)  
To order please email [katie@outtolunch-online.co.uk](mailto:katie@outtolunch-online.co.uk) or call 01223 881152

Menu	Includes:	Price per head £ (+ vat)
<b>OTL 1</b>	Sandwich, Tyrrell's crisps, 2 small pieces of homemade cake, fresh fruit skewer	9.25
<b>OTL 2</b>	Sandwich, Tyrrell's crisps, veg sticks & houmous, 2 nibbles, 2 small pieces of homemade cake, fresh fruit skewer	12.25
<b>OTL Healthy Choices box</b>	Your choice of 2 salad pots (please ask for full list, options include Asian avo, prawns & greens pot & spicy chicken, mango salsa, minty yoghurt & pitta strips pot). Plus veg sticks and dip, fresh fruit skewers & either a homemade flapjack or a banana & choc chip muffin.	12.00
<b>OTL Ploughmans</b>	Hand carved ham, pork pie, scotch egg, 2 cheeses, bread, butter, pickles, relish, grapes, celery, Tyrrell's crisps, 2 small pieces of homemade cake, fresh fruit skewer <b>(veggie &amp; vegan ploughman's available)</b>	12.00
<b>OTL Med Ploughmans</b>	Charcuterie meats, olives, roast veggies, continental cheeses, bread, olive oil & balsamic, olives, relish, figs, grapes, rocket & parmesan salad, 2 small pieces of homemade cake, fresh fruit skewer	14.00
<b>OTL Special</b>	Open ciabatta sandwiches, cheeses, relish, pickles, grapes, bread, butter, Caesar salad, pasta salad, 2 small pieces of homemade cake, fresh fruit skewer	13.75
<b>Salad bowls for One</b>	Choose from: Greek, Caesar, tuna, chicken, superfood (grains, crunchy veg, spinach, beetroot), Pasta (red pesto, mozzarella, roast tomato, olives), Moroccan style cous cous	6.00
<b>Hot lunch boxes</b>	Individually boxed hot dishes such as: Chicken, sweet potato & spinach coconut curry, lamb tagine, sausage & mash, beef chilli, mac n cheese. Please ask for full menu. <b>Please note: Minimum order of 10 portions of the same dish.</b>	From: 7.50
<b>OTL Afternoon Tea</b>	Finger sandwiches, homemade savoury tartlets, smoked salmon crostini, selection of mini homemade cakes, freshly baked scone, clotted cream, jam & strawberries	12.95
<b>OTL Cream Tea &amp; Cakes</b>	A selection of our delicious mini homemade cakes and 2 freshly baked scones clotted cream, jam & strawberries	6.50

T&C's

Same day cancellation - 100% charge. Day before cancellation - 50% charge